





### Celebrating 28 Years

Bonita Hair and Beauty has now relocated to Hotel de France. A warm welcome awaits you at this beautiful hotel situated near the capital St. Helier. At Bonita we believe beautiful hair is achievable to everyone!

Our team will listen and give advice about your hair, skin and nails, so when you leave you will not only look great, you will feel relaxed and confident.

Check out our full range of services and products in our menu section. Please do not hesitate to contact us with any questions or sign up to our Newsletter, Facebook, Instagram and Website to be the first to know of up coming events, discounts and rewards.

## BONITA HAIR

### CUT AND STYLING

Olaplay Conditioning Treatment	from £28
Olaplex Conditioning Treatment	ITOITI £20
Cut & Finish	from £42
Restyle & Finish	from £46
Ladies Dry Cut	from £28.50
Ladies Wet Cut	from £32.50
Shampoo & Blowdry	from £27
Shampoo & Blowdry Long	from £30.50
Shampoo & Set	from £21.50
Hair Up Only	from £35
Child Cut (under 12yrs old)	from £17.50
Girl's Cut & Finish	from £29.50
Boy's Cut & Finish	from £18.50
Men's Dry Cut	from £20
Men's Cut & Finish	from £22
Conditioning Treatment	from £15.50
Well Water Treatment	from £29

### HOMECARE

Love the brands we use? Homecare is super important to keep your skin and hair looking and feeling it's best always! We have a full range of skin care and haircare products available to buy in the salon. Book a free of charge consultation to talk over skincare or simply send us an email.

### COLOURING

Special Colour Technique	from £60.50
Full Head Tint	from £48
Full Head Tint Long	from £47.50
Regrowth Tint	from £41
Cap Highlights Short	from £58
Cap Highlights Long	from £63
Meche Highlights Full Head Short	from £68.50
Meche Highlights Full Head Long	from £79.50
Meche Highlights Half Head Short	from £57
Meche Highlights Half Head Long	from £67
Meche/Foil Parting	from £49
Semi Permanent Colour	from £38.50

### STRAIGHTENING/STYLING/PERMING

Acclaim Perm	from £78
Nanokeratin Straightening	from £150
Spiral Perm	from £95

#### HAIR EXTENSIONS & PIECES

By **Beauty Works** and **Balmain** Please contact us for more information on this service.



Please contact us for more information on this service. GST IS INCLUDED





## BRIDAL AND SPECIAL OCCASIONS

### HAIR DRESSING

Bride's Hair Trial Run	from £55 - £75
Mother of Bride and/or Groom/Brides	smaids
Hair Trial	from £45 - £65
Bride's Hair on the Day	from £75
Mother of Bride and/or Groom/Brides	smaids
Up Do & Finish	from £55
Mother of Bride and/or Groom/Brides	smaids
Blow-dry & Finish	from £45
Flowergirl's Hair	from £29

### OUT OF SALON HAIR

Not enough time to come to the salon? We can arrange to come out to you at your chosen location at an extra cost of £50 per therapist / stylist. *Minimum of 4 adults.* 

### DEPOSIT

We request a deposit to secure your booking for the big day. For parties of 4 adults or less a  $\pm 50$  deposit is required, and parties of 5 adults or more there will be a  $\pm 100$  deposit needed. The amount paid will be minimised from the total bill when full amount is paid. The deposit will be fully refundable up to 1 month prior to the wedding date.

## **BEAUTY BY FRANCES**

Frances is a highly experienced Beauty Therapist using high quality and established products Decleor, Nailtiques & Doterra aromatherapy oils.

### Nailtiques Manicure

#### 1 hour - £30.00

The ultimate treat for the best dressed "hand and nails". The Nailtiques Manicure provides a nuitritional manicure for those who want nails to grow naturally restore soft splitting or brittle nails. perfect treatment for recovery after use of artificial nails.

### Deluxe Nailtiques Manicure

#### 1 hour 15 min - £45.00

This award winning manicure treatment provides luxury and glamour for hands that deserve only the best. This complete treatment exfoliates, nourishes and protects your hands and nails against the daily wear and tear or busy lifestyles whilst helping to improve the signs of premature ageing. Including paraffin wax and heated mitts.

### Nailtiques Pedicure

#### 1 hour - £40.00

A speedy treat for those hard working feet! Revive tired looking feet and toes with the Nailtiques Pedicure designed to make the best of of your feet leaving them feeling invigorated.

### Nailtiques Deluxe Pedicure

1 hour 15 minutes - £48.00

"Like walking on air" is how you will feel after this pedicure. This luxury treatment is fantastic for even the most neglected of feet and will be unrecognizable after they have been sloughed, buffed and brought back to life with the wonderful restorative benefits of this pedicure, completed with the savance high performance Nailtiques polish including Paraffin wax and heated boots.

### **Extended Pedicure**

1 hour 30 minutes - £60.00

Intensive hard skin removal for the "summer only" client leaving the feet feeling baby soft and cuticles presentable!

### Stress Buster

1 hour - £55.00

20 minutes back, neck and shoulder massage, 20 minute head massage, 20 minute reflexology

### Cranial/Sacral Therapy

1 hour - £60.00

Course of four - £225.00

Gentle treatment for migraines, PTSD, anxiety & general well being. Non invasive and relaxing.



## FACIAL BY DECLEOR

### Aroma Mini Facial

30 minutes - £35.00

Mini facial is perfect to relax especially after a stressful day. Leaves the skin looking fresh, clear and radiant. All skin types.

### DELUXE FACIALS Nutive-Divine

1 hour 15 minutes - £60.00

This nutritional and hydrating facial is using a warm satin mask revitalising dry tight epidermis leaving it feeling nurtured and youthful.

### Purete

#### 1 hour 15 minutes - £65.00

This treatment helps rid your skin of its imperfections. Gentle, hot compresses steeped in ultra-concentrated Essential Oils purity and cleanse deep down for a clearer complexion.

### Hydra Floral

#### 1 hour 15 minutes - £65.00

This facial is for any dehydrated skin type. Its act as a preservative in the fight against aging and reduces fine dehydration lines. Rapidly revealing a visibly rejuvenated face.

# DECLÉOR

#### AromaLisse

1 hour 15 minutes - £65.00

This combination treatment of firming and hydrating provides an intensive moisturizing bath for the skin and acts as a perfect tonic. Algae mask and essential oils combined with the use of creams effectively pampers your skin.

### Harmonie

#### 1 hour 15 minutes - £65.00

This hydrating and soothing treatment is a blessing for sensitive skins. It reduces the appearance of random red patches. It's gentle remodelling action leaves the skin delicately satin smooth.

### Excellence

1 hour 15 minutes - £70.00

Sublime facial using rich moisturising aroma serums and balms specialised mask to target skin imbalances, plumping lines and softening wrinkles.

### Micro-Derma Abrasion

#### 30 minutes - £38.00

Deep exfoliation using diamond tips, gentle but thorough.

## FACIAL BY DECLEOR



### SPECIALIST DEEP CLEANSING FACIAL Dermabrasion/Sonic Scrubber/Ultrasound

1 hour 30 minutes - £75.00

Gentle removal of dead skin / old makeup, stimulate blood flow. Combine with aromatherapy serums for on going nourishment of the skin.

Deluxe & deep cleansing facials include face, neck and shoulders massage plus hand or feet massage whilst mask is activating

## BODY TREATMENTS

### BODY SCRUB

1 hour - £65.00

An invigorating plant-based scrub with apricot kernal powder and essential oils adapted to your skin's specific needs to help meticulous rid the outer layers of dry cells, followed by a smoothing massage with grapefruits, milk and essential oils to leave the skin feeling silky soft.

### HEAVY LEG TREATMENT

55 minutes - £60.00 1 hour 25 minutes £80.00

This gentle massage stimulates lymph circulation using Decleor and Aroma essence followed by cryogeneses mask and wrap. Leaves the legs feeling light and energised.

### DETOX WRAP & SCULPT

1 hour 15 minutes £75.00

This treatment helps the elimination of toxins. The body is exfoliated, rinsed with hot towels, fingertips massage on the fibrous cellulite areas and wrapped in a heating blanket using a Decleor body balm and aroma essence ideal for excess weight, water retention and cellulite.

### THERAPUTIC LIGHT THERAPY

Promote healing through the painless, gentle use of light therapy. Helps with the treatment for sports injuries, verrucas/warts/RSI, joint pain etc.

Consultation & details with therapist

### WAXING

Half Leg Full Leg Half Arm Full Arm

### EYE TINT

£18.00	Bikini Line
£35.00	Brazillian
£15.00	Extended Bikini
£20.00	Chest or Back from

£12.00	Full Leg and Bikini Line	£43.00
£28.00	Eyebrow wax/tweezer	£15.00
£17.00	Lip or chin	£12.00
£30.00		

£16.00 Eyelash Tint Eyebrow Tint £12.00 £26.00 Eyelash & Eyebrow Tint A test patch is required 24 hours before a tint if this is your first time

### EAR CANDLING

Hopi Ear Candles £35.00 Course of 3 £68.00

## TANNING

St. Tropez self tanning (including exfoliation) Half Body £30.00 Full Body £60.00

### MASSAGES

Back, Ne <mark>ck &amp; Shoulder</mark>	25 minutes	£30.00
	40 minutes	£45.00
Full Body	55 minutes	£55.00
	85 minutes	£90.00
Aromatherapy Full Body	85 minutes	£95.00
Indian Head	55 minutes	£55.00
Reflexology	55 minutes	£55.00
	Course of 6	£300.00

## **AROMA SHOWER TECHNIQUE**

As is a powerful technique using essential oils. It combines several holistic modalities to bring balance & alignment to the body in non-invasive manner. Oils are "feather in" using a spine tingling technique. You can't get more pampered than this!

### **DETOX FOOT SPA**

Relaxing foot SPA designed to soak those troubles away. Relaxes and detox, soothes and reconditions tired achy feet and should promote a sense of well being.

45 minutes £40.00

## SPARITUAL BEAUTY

Claire@Sparitual Beauty salon is dedicated to bringing you the best natural, vegan, organic beauty and holistic treatments. We strive to give you the most relaxing and ethically friendly beauty salon experience.

### Waxing

Claire@Sparitual uses Outback Organics warm and hot waxes.

Outback Organics is an environmentally eco-conscious ethical brand.

Fusing the latest botanical, natural, vegan friendly ingredients to bring our clients the most comfortable, professional, and organic wax treatments.

	Strip wax	Hot Wax	
Lower half leg	£23	N/A	
Upper half leg	£26	N/A	and the second
Full Leg	£35	N/A	
Half arm wax	£17	N/A	
Full arm wax	£22	N/A	
Under arm	£13	N/A	
Lip or chin	£10	£14	
Lip and chin	£15	£25	
Face	£19	£24	
Eyebrows	£13		
Bikini	£15	£20	
Ext Bikini	£18	£25	
Brazilian	£28	£36	
Hollywood	£36	£44	
Patches from	£5		
Mens back	£28		- Could and the second second
Mens chest	£28		all and the second state of the

## SPARITUAL VEGAN BODY TREATMENT

Sparitual are a Vegan, enlightened, sustainable beauty brand based on the Rituals of Self-Care. We believe that slowing down to return home to yourself is the path of enlightenment. Our roots are firmly planted in the ancient and present healing traditions. Sparitual unlocks the power of chakras.

### The Radiant Ritual

#### 75 minutes £80

Emerge confident, energised, and radiant. A warming Wildcrafted Indonesian Ginger ex-foliating treatment and body masque is applied to the skin, followed by a massage with a Chines Jasmine infused massage oil. This Vegan body treatment energises the heart and solar plexus chakras.

### The T7 Ritual

Sparitual Vegan Back Neck & Shoulder massage uses Vegan oils and sound healing to relax and rebalance the natural equilibrium of the chakra system.

### The Savasana

Surrender to a truly luxurious ritual for the mind,body and spirit. This exotic vegan treatment begins with a Wildcrafted Indonesian Ginger and Wildcrafted Indian Frankincense body scrub blend. The body is then drenched in a warm Chinese Jasmine infused oil and deeply massaged. Next,the body is lightly misted with French Lavender rain to take you to a deeper level of relaxation. Finally,the skin is stimulated with a layer of creamy lotion infused with Wildcrafted Indonesian Ginger. This Vegan body treatment energises the solar plexus sacral, heart, root and crown chakras.

### HOLISTIC TREATMENTS

Reflexology 60 minutes	£55
Ear Candling 45 minutes	£40
Reiki Healing 60 minutes	£55
Indian Head Massage	£55
Grounding Treatment	£60
Chakra balancing, crystal bealing, sage	claansa

Chakra balancing, crystal healing, sage cleanse, reflexology and meditation combined to bring

back balance and equilibrium to body, mind and spirit.

Heal Package 60 minutes	£60
Reiki, meditation and Tarot	
Nourish Package 60 minutes	£60
Back, Face Scalp and Reflexology	

### TAROT READINGS

Traditional Tarot 60 minutes	£50
Crystal Card Reading 60 minutes	£50

#### ENVIRON FACIALS

Environ is a globally recognised and loved professional Skincare Brand that is built on Science, beauty and care. Environ believes that skin has a life and that Vitamin A is the oxygen it needs to look healthy and beautiful for a lifetime. Environ has been developed by Dr Des Fernandes one of the top 5 plastic surgeons in the world.

#### ENVIRON SIGNATURE ACTIVE VITAMIN FACIAL



The active vitamin treatment uses gentle electrical pulses and Sound-waves to greatly enhance the penetration of powerful nutrients. Skin is left nourished, supple and radiant.

60 minutes	£60
90 minutes	£90

### ENVIRON COOL PEEL

Ideal for clients with photo-damage problem skin and excessive redness. The strength of the peel can be varied which enables therapists to create bespoke treatments for clients. This innovative approach uses levels of Lactic acid which achieve measurable results while caring for the epidermis.

60 minutes

£60

£60

### MICRODERMABRASION

The Skin-base Facial Microdermabrasion treatment uses a stream of non-allergenic crystals to remove your skins outermost layers of dead cells. Your therapist will use the handset to direct the stream of crystal over the treatment are and where necessary, target specific Zones. The handset then uses a mild suction to draw away the crystal and skin debris to reveal your new and improved complexion.

60 minutes

### ENVIRON COLLAGEN POWER

This peptide packed facial helps to boost collagen, softens fine lines And tightens lax skin resulting in a more youthful appearance. Ideal for targeting mature or photodamaged complexions. The treatment uses gentle sound-waves to drive a special Nutrient packed serum into the lower layers of the skin. The formula contains a unique combination of 3 peptide complexes Which work in synergy to give a plumper more radiant appearance.

- · Creates plumper radiant skin
- Refines uneven texture
- · Softens fine lines
- · Deeply hydrates
- Tightens lax skin
- · Creates a more youthful appearance

60 minutes

£60

### MILIA REMOVAL

Electrolysis Milia removal is by far the most effective, gentle and safest way to remove milia using the electrolysis current Milia are hard, white-keratin-filled cysts that form just under the skin.

Commonly found around the eye area, nose and cheeks.

### ELECTROLYSIS

Electrolysis has been the longest known and effective treatment for hair removal.

Initial Consultation	30 minutes	£12
	15 minutes	£22.50
	30 minutes	£35
Course of 6	90 minutes	£130
Thread Vein Treatment	30 minutes	£45

Electrolysis for thread vein removal is a specialised treatment Using an electrical current and just the very tip of the finest, Smallest probe possible, (about the size of an eyelash) to remove Unwanted skin blemishes with no mark left on the skin.

### EYES AND TINTING

50
50

Patch test is required 24 hours prior to treatment

### TANNING (ST TROPEZ)

Full Body Tanning including exfoliation

£55

### BODY MASSAGE SWEDISH

Back, Neck & Shoulder Massage

30 minutes	£35
40 minutes	£45
Full Body Massage	£58
Full Body Face & Scalp	£75

#### **AROMATHERAPY** (USING PLANT EXTRACTS)

Full Body Aromatherapy with Organic Essential oils75 minutes£80

#### MANUAL LYMPHATIC DRAINAGE

MLD is a gentle technique which is used to stimulate the lymphatic System to promote the flow of lymphatic fluid around the body>The massage helps to eliminate your body's waste reducing swelling as well as boosting the body's immune system.

Full Body	60 minutes	£60
Full Body & Face	75 minutes	£75

### HOT STONE MASSAGE

Back Neck & Shoulder 30 minutes	£45
Hot Stone Massage 45 minutes	£58
Full Body Hot Stone Massage	£70
Full Body Face & Scalp 75 minutes	£85

### MILIA EXTRACTION FACIAL

A deep cleansing steam facial which uses special sterile probes to remove Milia blockages that form just under the skin.

60 minutes

£65

### **DEEP CLEANSING STEAM FACIAL**

A deep cleansing steam facial which involves exfoliation, extraction of blackheads,lymphatic drainage massage and clay mask. A hands on relaxing treatment which finishes off with a choice of head, hand or foot massage.

### SPARITUAL TOTAL FACE & BACK RELAX

A relaxing facial which starts with a 15 minute back massage then continues with a deep cleansing facial.

75 minutes

£75

### AROMATHERAPY FACIAL

A relaxing Aromatherapy Facial using natural plant extracts specially blended to suit your skin type.

60 minutes

£65

### ONLINE BOOKING 24/7 THROUGH OUR WEBSITE WWW.BONITAHAIRANDBEAUTY.COM

### **GIFT VOUCHERS**

Gift vouchers can be bought in person at Bonita Hair & Beauty or over the telephone by card payment. Vouchers can be to a monetary value or for a specific treatment. Validation of voucher is for 6 months. Can be exchanged for another treatment or used towards products. No refund or cash returned, any value left on the voucher can be used for future treatments/products.

### CANCELLATION POLICY

Your appointment time is reserved specifically for you therefore please try to give a minimum of 24 hours notice should you wish to cancel or reschedule your appointment. Please note that we charge a cancellation fee of 50% of the full treatment value if an appointment is cancelled or rescheduled giving less than 24 hours notice and that cannot be filled. Missed appointments will be charged at the full treatment prices. This is to cover loss of business. Appointments of 2 hours or more require 48 hours notice.

#### OPENING HOURS HAIR | TUE-FRI 9-6PM | SAT 8-4PM BEAUTY | MON-THURS 9-8PM | FRI 9-6PM | SAT 9-5PM

#### T. 01534 758144

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